



CANAVES
ENA

BREAKFAST MENU

FROM OUR BAKERY

THE BAKERY'S BASKET

Koulouri from Thessaloniki, carob bread, "Eftazimo" bread, moustokoulouro, orange flavored 'koulouri', homemade cookies, butter croissants, Greek thyme honey, butter & variety of homemade jams

PIE OF THE DAY

*Gluten free options available

THE JUICE CORNER

Freshly squeezed

ORANGE JUICE

Vitamin Boost: Orange, Green Apple, Banana, Strawberry, Blueberry
Detox: Apple, Pineapple, Ginger, Avocado, Spinach

ENERGY SHOTS

Ginger Shot: Lemon, Ginger, Honey (Vit. C & Zinc)
Chilli Shot: Mango, Chilli, Lime (Vit. B12 & C)
Turmeric Shot: Orange, Ginger, Turmeric (Vit. D3 & C)

THE MILK CORNER

MORNING CEREAL

Corn flakes, Homemade Granola, Choco flakes, Granola, All Bran, Oats

MILK

Full Fat, Low Fat 2%, Almond Milk, Oat Milk

GREEK YOGURT

Full Fat or Low Fat 2% yogurt prepared with the ingredients of your choice.
(Homemade granola, fresh fruits, honey, walnuts, Greek tahini, Nutella)

AÇAÍ BOWL

with walnuts, berries, and chia seeds

THE EGGS

Free-range eggs cooked to your liking

SANTORINIAN OMELETTE

With cherry tomatoes, olives, capers, and feta cheese

AEGEAN 'SFOUGGATO' OMELETTE

With potato confit and zucchini

'STRAPATSADA'

With Florina peppers and graviera cheese from Crete island

POACHED EGGS

With carob bread, sun-dried pesto and wild arugula

KAGIANAS

Greek style scrambled eggs with tomato, feta cheese, pork salami from Lefkada and toasted bread

EGG WHITE OMELETTE

With smoked herring

CRETAN OMELETTE

With 'staka' and 'mizithra' cheese

EGG WHITE OMELETTE

With 'ovries' wild asparagus and Katiki cheese

OUR CROQUE MADAME & MONSIEUR

'Koulouri' from Thessaloniki, ham, cheese, bechamel sauce and choice of fried egg

THE DESSERTS

TIGANITES

Greek style pancakes with a choice between red fruits, banana, maple syrup or honey and Nutella

PETOULES

Greek style crepes with a choice between banana / white Nutella / hazelnut / honey and oreo cookies

TSOUREKI FRENCH TOAST

Greek Easter bread flavoured with masticha of Chios island

Please inform us of any allergies or intolerances you may have. The EU Food Allergen list is available to all guests: (1) Lactose, (2) Eggs, (3) Nuts, (4) Peanuts, (5) Soy, (6) Molluscs, (7) Crustaceans, (8) Sesame, (9) Sulphur dioxide and sulphites, (10) Cereals containing gluten, (11) Mustard, (12) Lupin, (13) Celery, (14) Fish. Consumer is not obliged to pay if the notice of payment has not been received (receipt - invoice). The restaurant / bar is legally required to issue official receipts certified by the relevant tax office.
The oil used on salads is olive oil. Sunflower seed oil is used for frying. Responsible for implementation of statutory regulations: Ioannis Boubaris.